Formed in 1930 with one Junior team in the Kaipara Rugby Union. The Club struggled to field a full team for the first year but after that with new players arriving in the district improved to the extent that we won the Junior Championship three years running. Silverdale's delegate to the Kaipara Rugby Union was Mt Alec Hunter who resided in Helensville.

The state of the roads made it almost impossible to attend meetings as the only metal road was through Riverhead on to the West Coast Road to Helensville. Transport was provided mainly through the generosity of Neville Brother. Frank Neville being a very keen player.

Members of the team in those early days were: H Skulander, Eric, Jack and Gary Bridson, W Hawken, N Percy, R Kelsey, the Faucett Bros, R Moffat, J Burns, S Thorburn, J Smales, T Rogers, H Dalbeth, F Moffat, I Smith, D Bawden, C Smith, D Barnard and T Hick.

The Club was in recess during the war. The Club was reformed in 1946. Mr D Simmonds, School Teacher of Dairy Flat called a meeting in Silverdale Hall and the Club was reformed and a senior team was entered in the Kaipara Rugby Union competitions.

Presidents and Chairmen from 1946 to 1963 were: Mr Len Rae, Mr Bob Headland, Mr Colin Smith, Mr Joe Bawden and Mr Trevor Hick.

The Kaipara Rugby Union was wound up at the conclusion of the 1962 season. Meetings between Kaukapakapa and Silverdale resulted in the Silverdale United Rugby Football Club being formed in 1963 and the decision to enter teams in the Auckland Competitions. Players coming from Kaukapakapa and Silverdale district with headquarters at Silverdale War Memorial Park. As many as twelve or more teams have been fielded by the Club from 1963 until the new Harbour Union came into being in 1985.

During this time Trevor Hick was Senior Delegate for 20 years. Mr T Jelas took over from Mr Hick in 1984 and has continued as Senior Delegate to the Harbour Union.

The Club has come a long way since 1930 when games were played in cow paddocks in the area and no changing rooms and a wash in a drain after the games had to suffice.

The purchasing and formation of the Silverdale War Memorial Park has been the start of a number of sports including Rugby in the area. The Club's first Clubrooms or dressing shed was the cowshed built by Sid Heathcote. The next was the donation of trees for timber to build a pavilion on the park which was to be the Clubs first headquarters. Mr Dave Earwaker and sons Charlie and Bill did the foundations. With Dave in charge and as many as 14 volunteers the pavilion was built.

The Club continued to grow and the pavilion was getting too small. Two sections were purchased off Mr Sid Heathcote. Stewart Flexman who had played football for the Club from any years offered to build the Clubrooms labour only. The offer was accepted and the club members got cracking.

Trees were donated by Neil McCathie who was Club Captain at the time. These were cut down by Club Members, more trees were donated and cut down until we had enough timber to build and some to sell.

Neville Brothers provided transport of blocks and material from Auckland. Club Members unloaded the trucks on their training nights. The building was completed and opened in 1968 thanks to Stewart Flexman, his Men and all the other Club Members who assisted in various jobs on the building.

By 1980 the building was again getting too small so a building committee consisting of Stewart, R Hyde, B Poynter and R Ballantyne inspected various clubs with squah courts and it was decided by the Clubs Management committee to once again start building.